



Upstate Update

AMSTERDAM * GLOVERSVILLE* JOHNSTOWN BRANCH

The American Association of University Women advances equity for woman and girls through advocacy, education, philanthropy and research.

2013 – 2014

November-December

Branch Officers:

Presidents

Liz Russo

Linda Hammond

Vice Presidents – Program

Darcelle Winchell

Sandy Maceyka

Vice President – Membership

Catherine Julius

Vice President – Ed Opp Fund

Open Position

Vice President – Legal Advocacy

Open Position

Recording Secretary –

Bonnie Van Wie

Treasurer – Ella Ryder

Public Policy – Jennifer Garren

A Place at the Table

Hunger is not just an inner city problem!

November 16, 2013

Glove Theatre

Cost: FREE

Collecting PB&J for local food pantries

Co-President's Message

Halloween is past, Election Day is behind us and we are on to Thanksgiving and the holiday season! As the weather gets colder and the days shorter, we hope you will bundle up and come out to the events AAUW has planned for the coming months.

Our next AAUW offering is on Saturday, November 16 at 2pm at the Glove Theater. Thanks to the efforts of Carol Cownie, we will be partnering with the Mohawk Harvest Cooperative Market in an educational community outreach program. We will be showing the movie, "A Place at the Table", regarding the stereotyping of hunger. A brief panel discussion and question and answer period will follow. There is no admission charge and the public is invited and encouraged to attend. Instead, we ask those attending to bring jars of peanut butter (or peanut butter substitute) and jelly or monetary donations to the local food pantry. At the time we decided to offer this program, we had no idea how timely it would be. As of November 1, the food stamp program (known as SNAP) was cut by \$5 billion dollars. The cut is a result of the expiration of the temporary \$5 billion per year boost in the Supplemental Nutrition Assistance Program, or SNAP. The extra funds were originally added in 2009 as part of the stimulus act during the severe recession. Funding for SNAP is part of the farm bills being debated in Congress. Starting November 1, a family of four will lose \$36 per month; or \$29 for a three-person family. As a result of the SNAP reduction, already depleted private food banks, food pantries and soup kitchens are expected to see increased demand from people trying to put food on their tables. Thanks to the effort of Helen James, the Student Council at the Johnstown High School partnered with AAUW to make cash

and peanut butter donations to the local food bank in conjunction with our upcoming showing of “A Place at the Table”.

Looking back, we had a wonderful October meeting focused on the culture of Jamaica with a follow-up at FM the next day. We were so fortunate to have Jackie Goffe-McNish travel from Poughkeepsie to speak to us. The Jamaican food prepared by Nicoy Pusey and Chartwells was enjoyed and declared authentic by Jackie and her husband who is Jamaican. As we also celebrated United Nations Day. It was interesting to see the flags our members brought to the meeting representing their heritage. We are as Jackie said “Out of many, one people”. Like a salad with many ingredients each of us still retains our own identity and parts of our heritage. On November 20 our Branch Bunch Book Discussion group will meet at 6pm at the Johnstown Public Library to give those members who work a chance to join us.

In celebration of Native American History Month we will be reading, [*Ride the Wind: The Story of Cynthia Ann Parker and the Last Days of the Comanche*](#) by Lucia St. Clair Robson, the AAUW Adelante book for November. Since there are limited copies of *Ride the Wind* available through the Mohawk Valley Library System, we have also reserved for discussion, *Kateri of the Mohawks* by Marie Cecili Buehrle. At our October meeting, we discovered that we have AAUW members who have Native American heritages. We hope they will join our discussion and share some stories. We hope to share some samples of foods Native Americans ate as well!

Looking ahead to the holiday season, we welcome you to join our Branch Lunch Bunch in attending the Festival of Trees at the Century Club in Amsterdam on December 2. Last year we also invited friends and relatives who were non AAUW members to join us for lunch and friendship and to enjoy the decorations and musical entertainment offered.

On Saturday, December 7 the branch will celebrate with a luncheon and entertainment by harpist Nancy Walko at Parillo’s Armory Grill in Amsterdam. At the meeting, we will accept donations to the Fistula Repair Fund as we continue to reach out to help women with child-birthing related injuries in countries that do not have readily available obstetric care.

If you would like some reading after the holidays, check out “Language of Flowers” by Vanessa Diffenbaugh. The book deals with children who age out of foster care. That will be the topic of the January 13 branch dessert meeting at the Johnstown Public Library which is being organized by Women’s Issue Chair Carol Cownie.

Our branch programing continues to focus on understanding not only the diversity of cultures, but also socioeconomic groups. We welcome you to join us, to learn and have fun!
Co-president Liz Russo

AAUW Board Meeting

Tuesday, November 12

6pm

Johnstown Public Library

All branch members are welcome!

Officers and committee chairs are encouraged to attend or send a report.

Message from Mary Lou Davis, AAUW NYS President

New York State applied to National for a State Organizer. We are very happy that our application was accepted. Our new State Organizer is Kimberly Hayes Pollard. Kimberly will work in Region 1 (Maine, New Hampshire, and New York).

National developed this state pilot program as a way to create a better connection between the branches, states, and national- and to ensure that you have access to the full arsenal of resources national has to offer. I can tell you that, while this role is still new to me, I have immersed myself in everything AAUW over the last several weeks, and I am still finding new advocacy tools, public policy resources, or reports that I hadn't seen before- there is some great information here! So I am here as a resource to help you (as members) accomplish

your goals. That includes everything from recruiting and retaining new members, to developing public policy issues and programs, to building coalition partners, to expanding C/U Partnerships and encouraging greater student involvement in our policy work, to creating a social media presence, and increasing AAUW visibility in the state. Obviously, each branch has different priorities and needs, and the members know better than anyone what they need to be successful.

Another service AAUW provides is training and tutorials, in the form of webinars, PowerPoint presentations, tools kits and guides, and in-person presentations. We can tailor these trainings for your members, or prospective members, to cover topics such as Leadership Development, How to Use Social Media, How to Recruit New Members, How to Make the Ask, Fundraising Ideas, etc.

Boys and Girls Club focus of Women's Consortium Meeting- November 14

The Elizabeth Cady Stanton Women's Consortium will hold a dessert meeting on Thursday, November 14 at 6pm at the Johnstown Public Library. Ruth Drake and Audrey Bowman will speak to the group about the Boys and Girls Club.

The Consortium is interested in learning what the Boys and Girls Club might need and ideas for what help the organization can give to the Club. The Girls and Boys Club program is being held at Park Terrace Elementary School and DuBois Gardens in Gloversville.

The ECSWC is considering a unifying project that the organization of women's groups can do together in the spring of 2014. A similar project, the Shower for the Domestic Violence Safe House was held by the Consortium held several years ago.

Consortium member organizations include the Amsterdam-Gloversville-Johnstown branch of the American Association of University Women (AAUW), Elizabeth Cady Stanton Hometown Association, the Eclectic Society, Women Democrats, the Republican Women's Club of Fulton County, Soroptimist International, Women of FMCC, Girl Scouts of Northeastern NY and the GFWC Century Club. Each member organizations is asked to send representatives to the meeting

Dessert will be served. For more information contact ECSWC President, Helen Martin at 762-7638

A PLACE AT THE TABLE NOVEMBER 16, 2013

AAUW & Mohawk Harvest Co-operative Co-Sponsors Presentation

"A Place at the Table", the 2013 movie regarding the stereotyping of hunger and what it is really like to be hungry in America will be shown at 2pm on Saturday, November 16 at the Glove Theater in Gloversville. Our branch is partnering with the Mohawk Harvest Cooperative Market to offer the movie to the public as part of our education and outreach efforts.

Admission to the movie is free, but those attending are encouraged to bring jars of peanut butter (or substitute) and or jam which will be distributed to area food pantries. Cash donations to the food pantry will also be welcomed.

Following the hour and a half film, AAUW will host a short panel discussion. The panel will include: Dr. Phillip James, pediatrician; Crystal Stewart from Cornell Cooperative Extension; and Elizabeth Blodgett, nutritional outreach coordinator for SNAP.

Hunger in America is a multi-faceted crisis and a threat to the nation's public health. The film "A Place at the Table" "exposes the challenges the nation faces as well as some innovative solutions to the problem of food insecurity. Bill Moyer's, Moyer & Company program "The Faces of America's Hungry" which aired on June 28, 2013, featured interviews with various people from "A Place at the Table". The episode may be viewed by going to <http://billmoyers.com/episode/full-show-the-faces-of-america%E2%80%99s-hungry/>

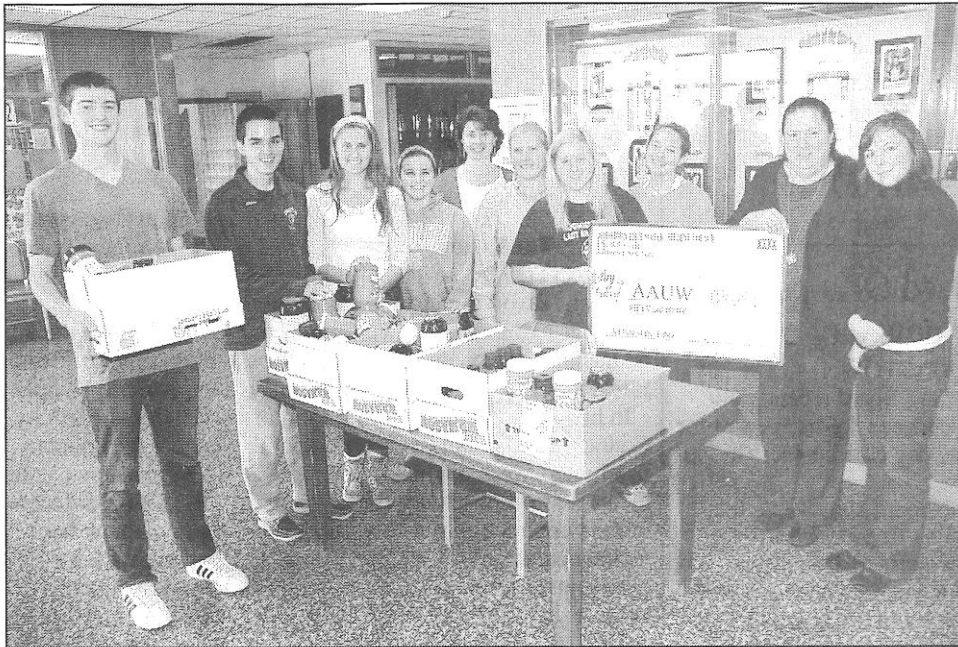
The November 16 movie and panel discussion will serve as our November meeting. In addition, those interested in having brunch at the Mohawk Harvest Cooperative Market on November 16 before the movie are asked to call 706-0681 for reservations. Deadline for reservations for brunch only is Tuesday, November 12.

A special Shape the Future Membership discount rate of \$49.50 for a year's dues will be offered to those who join AAUW on November 16, so bring a friend and encourage them to join. Carol Cownie, AAUW branch Women's Issues Chair and Helen James, AAUW branch Community Outreach Chair and are organizing the November 16 event.

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Tuesday, November 5, 2013

Food collection



The Leader-Herald/Bill Trojan

The Johnstown Student Council and the Johnstown High School teachers and staff collected jars of peanut butter and jelly to support the American Association of University Women's "A Place at the Table" screening event scheduled for 2 to 4 p.m. Nov. 16 at the Glove Theatre in Gloversville. The student council also raised money from a coin drive for the effort. Above, participants from Johnstown High School present the food collected and a check for \$50 to Helen Thomas-James, second from right, from the AAUW on Friday. From left are Jonathan Heroth, Jonathan Bearden, Kelsi Barnholt, Kayla DeLorenzo, Ann Bagot, Cory Cotter, Ellen Praught, Mia Franco, Thomas-James and Crystal Stewart. "A Place at the Table" tells the stories of three Americans struggling to eat. The donations will go to local food pantries.

Branch Bunch Book Discussion - November 20th 6pm

The Branch Bunch Book Club will focus on Native American History month for their next book discussion. For the convenience of those who work, the group will meet at 6pm on Wednesday, November 20 at the Johnstown Public Library. The Adelante book [*Ride the Wind: The Story of Cynthia Ann Parker and the Last Days of the Comanche*](#) by Lucia St. Clair Robson and *Kateri of the Mohawks* by Marie Cecili Buehrle are the two books the group will be discussing. Copies are available at the JPL and Mysteries on Main St. bookstore in Johnstown. Contact Liz Russo 762-9702 if you plan to attend.

MEMBERSHIP:

Welcome to our newest member Mary K Donohue. Her biography as well as those of the remaining four will be in January's Newsletter.

Sara J Luck, a native daughter of the city, lives in Johnstown with Richard, her husband of 16 years and their Shih Tzu Spike. She has two step-daughters and twin step-grandchildren. She works for the office of the court administration as the Fulton County as Drug Court Coordinator. She received her Bachelor of Science degree in 2002 from Empire State SUNY Albany. She is the Secretary and Board Member of the HFM Prevention Council.

Sara and her husband are horse lovers and enjoy going to the track in Saratoga every summer. She also enjoys attending plays and musicals, especially since she was a dancer and in several productions in her youth. Sara is also an avid reader and is looking forward to joining our book club, though luncheon would be difficult since she works full time. She heard about the AAUW from Catherine Julius and she decided to join because she supports women's issues and wants to network with other women. She is looking forward to receiving information and AAUW publications because she always wants to increase her knowledge of important issues.

Cecelia Alexander (who goes by Cece) joined our branch of the AAUW after learning about our organization in the Amsterdam Recorder. She received an Associates Degree in Applied Science in 1974 from FMCC and became a licensed NYSED Registered Nurse. During her career she worked as a Medical/Surgical Nurse specializing in Coronary and Special Care at Amsterdam Memorial Hospital, transferring to discharge planning and utilization review and promoted to Quality Improvement and becoming the Risk Management Coordinator. She continued her education and received a Bachelor of Science Degree in Human Services in 1995 from Empire State SUNY. Subsequently she was hired as Manager of Quality Improvement/RN Manager at New Dimensions in Health Care (NDHC) and asked to supervise NDHC Primary Care/Medical Specialties Practice. NDHC meets the needs of patients with special needs, both physical and financial.

As of this past June Cece retired to spend more time with her family and to pursue other interests. She's married to husband Mark and they have one son, Benjamin, an English Teacher who lives with his wife Ann and Cece's 3 year old granddaughter Eloise in Syracuse. In January their daughter-in-law (an attorney) is expecting their second grandchild (a boy). So needless to say, Cece and her husband travel from Amsterdam to Syracuse a lot. She enjoys sewing, cooking and antiques. She has recently begun quilting also. She and her husband also travel to Connecticut to visit friends, to Vermont, etc. for antique shows or just weekend get-aways. Cece is involved in volunteer work and particularly interested in literacy projects to promote young people to improve their opportunities to obtain GED, etc.

Holly Rigos: Holly learned about our branch of the AAUW from Catherine Julius at church one day. She is a stay at home mother and wife who has accomplished much in her young life. Born Holly Larsen in Americus, GA she attended Georgia Southern University in Statesboro, GA and graduated in 2007 with a Bachelor of Science in Sport Management and a Minor in Business. Right out of college she joined the Peace Corps and served two years in Mali, West Africa. In 2010 she joined Teach for America and served one year in Selma AL as an Elementary Special Education teacher. While serving she earned one year of post-graduate work and a Masters of Elementary Education and Multiple Abilities at the University of Alabama. She married her husband Peter Rigos in 2010, gave birth to their first child, John in 2011, moved to Amsterdam and then Johnstown in 2011 and 2012 and gave birth to their daughter Sophia this past July.

Holly worked all through high school and college and had multiple internships, most notable of which were, International Management Group (IMG) at the Bank of the West Beach Games in Huntington Beach, CA for 2 summers. She was Swim Instructor and Swim Lesson Coordinator, she worked on the Intensive Research Project for Economic Impact Analysis and presented at multiple symposiums and she coordinated Division One ticket sales for GSU Basketball and Baseball. While in the Peace Corps she was Small Enterprise Development Coordinator, learned Bambara and French, coordinated "formations"/trainings on Shea butter, appropriated business concepts for 3rd graders through Junior Achievement Mali. She also ran a 67 km bike ride to raise awareness on business and HIV/AIDS and conducted a swim project for local EMTs/Paramedics/Emergency Response personnel. She also worked as a teacher. She joined our group because she wants to support Women's Issues and network with other women.

Mary Jablonski grew up in Dolgeville but has lived in Gloversville since 1973 with her husband Joseph. She has two grown children: Andrew who is a Guidance Counselor in Gloversville but lives in Johnstown and Megan (a Speech Pathologist herself) who lives with her husband and baby boy in Pittsburg PA. Mary graduated from the University of Vermont in 1973 with a Bachelor of Arts in Speech Pathology and Audiology. Then in 1982 while she was working for Lexington she received a Master of Science in Mental Health Counseling, from Long Island University. She presently works as a Speech Therapist for the Greater Johnstown School District. She was recruited to join our AAUW branch by her friend Helen Thomas-James.

She is involved in volunteering, holding the position of Vice-President of the Fulton Montgomery affiliate of the Autism Society of America and a V.P., Lake Management, Canada Lake Protective Association. She also volunteers for PTA and school activities. Her interests are kayaking (up at the lake where they own a camp that they are presently renovating), cross-country skiing and traveling, especially to the south and also to Europe. She joined the AAUW because she wants to support women's issues.

Paula Lerner received her Bachelor of Arts in English from Hunter CUNY in 1972 and her Nursing Degree from Nassau Community College in 1992. She used to volunteer at Literacy Programs. She supports Women's Issues and enjoys networking with other women. She especially enjoys our book discussions with the Branch Bunch Book Club.

In next month's newsletter we will have the remaining new member bios.
Catherine Julius, Co-VP of Membership

AAUW Student Organization

We are still trying to re jump start the AAUW Student Organization at FM. Four new e-student affiliates signed up at a recent recruitment.

The next meeting is planned for November 18 at noon in C-106 of the classroom building. Acting advisor, biology professor Susan McLeod is working on collecting peanut butter and jelly at FM for the food pantry to coordinate with our November 16 movie on hunger.

January Newsletter Deadline:

December 20, 2013

January's Newsletter will be distributed by 12/25.

HELP WANTED

AAUW FUNDS Chair (Co-Chairs)

NEWSLETTER EDITOR (assistant)

Membership Booklets

Thanks to the efforts of Linda Hammond, the 2013-14 AAUW branch membership booklet is now available for distribution. Some will receive their copies at the Nov. 12 board meeting, others at the Nov. 16 event or at the Dec. 7 Holiday lunch. All others will be mailed.

The booklet includes contact information for branch members, listing of meetings, officers, duties of chairs and a form to renew dues.

Project 2020 Presentation to 5th graders

Project 2020 focuses on the 100th celebration of the passage of the 19th amendment giving women the right to vote. We had hoped to prepare a brief lesson to share with 6th grade students who will graduate, turn 18 and be eligible to vote for the first time in 2020 - a presidential election year. The opportunity arose to give the "5 minute" talk to a group of elementary school when Darcelle Winchell alerted us that students from Boulevard School would be touring FMCC recently. She had hoped that the Student Organization could speak to the group. We were unable to arrange for the FM Student Organization to present. However, I had an opportunity to meet with the Boulevard students right before they got on their bus. Since this was a 5th grade class, they will graduate in 2021 and turn 18 in 2021 (for the most part) although 3 or 4 will turn 18 in 2020 and be able to vote then. A brief question and answer time with the students determined how many knew about the 19th amendment giving women the right to vote, the date of Election Day, who Elizabeth Cady Stanton was and that she was born in Johnstown. The suggested script shared at our October meeting was also given to the Boulevard teachers along with copies of our AAUW membership brochure so that they knew who we were. Hopefully we can do more with the Class of 2020 in the future.

DECEMBER HAPPENINGS

Branch Lunch Bunch to attend Century Club Festival of Trees - December 2

Last December, the Branch Lunch Bunch enjoyed a festive lunch at the Century Club's Festival of Trees in Amsterdam. Members invited friends and family members to join us. We have decided to attend the Festival again. Group lunches for groups of 10 or more will be held the first week of December. We will attend on December 2. The cost is \$7 for lunch and admission. The luncheon is from 11-2pm. There will be musical entertainment, lovely decorations and an opportunity to do some Christmas shopping at the gift shop. Please contact Liz Russo at 762-9702 to RSVP by November 30. We will collect the money ahead so that we can pay at the door with one check.

December 7 AAUW Holiday Luncheon - Fistula Repair Fund Donations

Our December meeting will be a luncheon to allow those who have morning worship to attend. It will take place at the Armory Grill, 67 Bridge St., Amsterdam. The restaurant's tiffany lighting fixtures and warm dark furniture promise to provide a cozy parlor like setting for our holiday celebration. We will meet at 12:30 for a meet and greet and business meeting. Lunch will be served at 1pm with entertainment by harpist Nancy Walko who will travel from Malta to play for us at 1:30. We will be accepting donations for the Fistula Repair Fund again this year. Our goal is to raise \$450 to pay for one surgery. RSVP to Ella Ryder *See attached flier for details.

Directions to the Armory Grill: To reach the restaurant, travel on Rt 30 S, cross the bridge then take a right onto Bridge St. The Bridge St. turns to the left. The Restaurant is on the end of the street on the corner of Center and Bridge St. There is a parking lot across the street.

Wearable Art on Display at FMCC

On October 30 we had an opportunity to hear artist Linda Stein speak about her art work which she uses to transform social consciousness and promote activism in gender issues. Her goal is to tear down all forms of gender stereotypes and prejudices as she focuses on celebrating the fluidity of gender. Those of us who attended found her goals to be much like the anti-bullying programs suggested by AAUW focusing on the "Upstander" who helps the victim instead of being a bystander and just observing and remaining quiet. Ella Ryder, Sonnet Gravina and I, took advantage of the chance to try on the wearable art. It was amazing how empowered we felt. "Fluidity of Gender: Sculpture by Linda Stein" will be on display in the Perrella Gallery at FM until December 13. Stop by and try on a sculpture! (Don't forget a camera!)

Good News!

TECH SAVVY SUMMIT FOR GIRLS WILL HAPPEN on MAY 20, 2013

We are happy to announce that our branch will once again offer the AAUW mission based Tech Savvy conference for middle school girls. Linda Hammond has agreed to use her computer expertise to sort the girls into their workshops choices. Darcelle Winchell will contact professors at FM who provided workshops in the past. Linda Bumpus will solicit donors. The summit will take place on Tuesday, May 20 at FMCC. The date was chosen since it does not conflict with any State tests at the schools. In addition, it is after the FM graduation so that facilities and faculty to provide the science, technology, engineering and math workshops are more available. We realize that our branch dinner meeting is also on May 20. However, the Tech Savvy event will be over by 2pm providing enough time to get to the evening potluck.

District IV Meeting in Review

“Diversity in Programming”

We had a beautiful fall day for a ride to Poughkeepsie. There was a choice of 3 workshops to participate in. Dr. Nada Halloway spoke on Ethnicity, Dr Cathy Collins spoke on Gender and Jacqueline Goffe-McNish spoke on Culture. I attended Dr Halloway’s workshop and learned that Culture and Ethnicity are inter-changed. In conducting diversity programs we were advised to just open it up to all. They, the participants, will bring in their culture/ethnicity into the program. We all bring different things to the table. In 30-40 years from now we probably won’t be having this discussion. Today’s generation doesn’t see the difference. With today’s technology they are becoming global learners, and are more connected with the world.

After lunch we all broke away into small groups to discuss what we had all learned from the workshops. The small groups were mixed with participants from all 3 workshops. The facilitators guided us from grouping together into the same group that was in our workshop. This opened up discussion on the 3 topics and how we could bring them into our program. A common factors was “having fun” and “food” were key to a good program.

Betty Herrel walked us through Poughkeepsie’s “Leading To Reading” program. Their committee makes reading kits for all age groups. The kits are very simple to make. You use a large zip lock bag decorated with stickers, place a paper plate inside for drawing/writing on, small box of crayons, and a couple of books for a designated age group. Inside the books are labels containing a message to the parent along with discussion questions that can be used after reading the book. Each book also has a sticker noting that the book was donated by AAUW. This committee also collects slightly used books for donations to the shelters. I will bring the kit to the Board meeting and to the December meeting so you all can see what the program looks like. Our branch donated some books which I brought with me and we used in the kits that were made. Most of the kits put together at the district meeting were going to be added to the program’s collection.

AGJ also donated some slightly used to new bras for Joan Monk’s Free the Girls campaign. Joan had noted that AAUW NYS really came through with donations. Joan’s contact at Free the Girls was overwhelmed with the volume. Joan is still collecting bras if anyone missed out on our collection. Let me know if you are interested and I will see that Joan receives your donation.

Linda Hammond

Message from Donna Seymour, AAUW-NYS Public Policy VP

Check out this terrific new **WEA video** that explains just exactly why we need to **Upgrade NYS laws!**

<http://www.youtube.com/watch?v=zqXnqtIjKjQ>

Share it widely on-line and via social media! Use this video as your opener to grab everyone's attention and get the discussion going. E-mail the video link to your elected officials and tell them you want to Upgrade NY laws for women this year. There is still a chance for our legislature to strengthen New York's laws for women by making the Women's Equality Agenda a reality. Tell them to Pass WEA in 2013.

Calendar of Upcoming Events

November 14, 2013

Elizabeth Cady Stanton Women's Consortium Dessert Meeting
Johnstown Public Library, 6 pm
Presentation on the Girls & Boys Club
Speakers: Audrey Bowman and Ruth Drake

January 13, 2014

Topic: Aging Out of Foster Care;
Book Discussion: *The Language of Flowers*
by Vanessa Deffenbaugh
Speaker: Amber Beard
Dessert meeting
Johnstown Public Library, 6 pm

November 16, 2013

Education & Outreach
AGJ AAUW & Mohawk Harvest Co-Op
presents *A Place at the Table*
2 pm Glove Theatre, Gloversville
Fee: Donation of Peanut Butter and/or Jelly
for local food pantries.
Brunch on your own at Mohawk Harvest
Co-Op ****Reservations required****

February 12, 2014

Dancing for Health and Fun
by Darcelle Winchell and Catherine Julius
Broadalbin Hotel at 5:30
Buffet Dinner \$17.00

November 18, 2013

AAUW Student Organization Meeting
FMCC, Classroom Bldg. C-106
12 noon

November 20, 2013

Branch Brunch Book Discussion
Johnstown Public Library, 6 pm

December 2, 2013

Lunch Bunch AAUW members and friends
luncheon
Festival of Trees
Century Club, Guy Park Ave, Amsterdam
11 am – 2 pm

December 7, 2013

Holiday Luncheon at Parillo's Armory Grill in
Amsterdam
Buffet Lunch at 12:30 pm;
Entertainment: Harpist Nancy Walko



2014 NYS AAUW Convention April 25 – 27, 2014

A World of Wellness
Stimulating the Mind
Energizing the Body
Inspiring the Soul

Honor's Haven Resort
Ellenville, NY

Watch for details at www.AAUW-NYS.org

Please join Amsterdam, Gloversville, Johnstown AAUW and Mohawk Harvest Cooperative Market for a screening of

a PLACE AT THE TABLE

"A Place at the Table is an ENGAGING AND ENRAGING movie that will enlist supporters for its cause."

— Variety

"A Place at the Table doesn't offer any answers. Instead, it asks you to help find them by getting involved, which is the mark of an EXCELLENT DOCUMENTARY."

— Toronto Film Scene

November 16, 2013 at 2pm
The Glove Theatre, North Main St, Gloversville, NY

Jars of peanut butter &/or jelly accepted
for distribution to area food pantries.

FREE ADMISSION

Don't miss this special screening event, followed by a discussion about making healthy food available and affordable for all.

Contact Carol Cownie [518 883-8099](tel:518-883-8099) or ccownie232@yahoo.com

To learn more about A Place at the Table, visit www.takepart.com/place-at-the-table

ACTIVE voice

participant MEDIA

Robert Wood Johnson Foundation

AGJ Branch

Holiday Luncheon



Saturday, December 7th

Parillo's Armory Grill

67 Bridge St Amsterdam

Meet & Greet: 12:30 PM

Luncheon: 1 PM \$17

*Menu Choices: Chicken Parm, Chicken Francaise,
Eggplant Parm, Haddock*



Entertainment:

Harpist Nancy Walko

RSVP Deadline: December 1, 2013

Contact: Ella Ryder 661-5951

Donations will be collected for the Fistula Fund



AAUW

January Dessert Meeting

Monday, January 13

6pm

Johnstown Public Library
Community Room

Topic: Aging Out of Foster Care

Discussion of the book:
“ The Language of Flowers ”
by Vanessa Diffenbaugh

Speaker:

Amber Beard - Berkshire Farms, Community Coordinator
will join us for the book discussion and to answer questions about what is happening with foster care in our area.

Dessert and Beverages

The novel is about Victoria Jones who uses the language of flowers to communicate mistrust and solitude. After a childhood spent in the foster-care system, she is unable to get close to anybody, and her only connection to the world is through flowers and their meanings. Now eighteen and emancipated from the system with nowhere to go, Victoria realizes she has a gift for helping others through the flowers she chooses for them. But an unexpected encounter with a mysterious stranger has her questioning what's been missing in her life. And when she's forced to confront a painful secret from her past, she must decide whether it's worth risking everything for a second chance at happiness.

The first half hour will be the book discussion and the second will allow us a Q&A for Amber. This way we can understand more of what is happening with foster care in our area

To provide enough seating and refreshments, we request that you RSVP by January 6 to Paula Lerner at 736-2449. For more information contact Carol Cownie.

**AMSTERDAM-GLOVERSVILLE-JOHNSTOWN AAUW 2013-2014
Membership Renewal Form**

****PLEASE NOTE ANY CHANGES AND COMPLETE THE PAGE BELOW****

Name: _____

Address: _____

Phone: _____ Cell: _____

Institution(s), Degree(s), and year(s) of graduation:

Current Email Address: _____

Please Check One of the Following:

_____ I have enclosed \$ _____ * for dues before June 1, 2014. *(\$69)

_____ **I have enclosed \$ _____ ** dues on or after June 1, 2014. **(\$74)**

National \$49
State \$13
Local \$7/\$12

To become a Life Member one pays 20 times the current national dues plus the current yearly state and local dues year-

_____ I have enclosed \$ _____ for dues as a Life Member.

Are you interested in serving on a committee?

Please indicate with an X. Committee descriptions are available from membership chairperson.

- Program Community Outreach Finance Membership
 Historical Nominating Cultural Public Policy International Issues Diversity
 Educational Equity/Scholarship LAF - Legal Advocacy Fund
 TECH SAVVY/Sister 2 Sister e-student and AAUW College Organization
 Newsletter

Make your **check payable to AAUW** and send this form along with your check to treasurer:

Ella Ryder
P.O. Box 111
Mayfield, NY 12117

_____ **I am resigning membership in AAUW.**

My reason(s) is/are as follows: Family obligations Moving out of the area Dues amount
 Meeting topics Other (please specify): _____

Thank you in advance for your prompt attention to this matter.