

Upstate Update

agj-ny.aauw.net

February 2017

NEW EMAIL
ADDRESS FOR
AGJ AAUW:

AGJAAUW@gmail.com



Have you registered for
the Women's
Symposium?

What are you waiting for?

Registration form at end of
newsletter.

Co-President's Message

On a cold icy rainy Tues Jan 24th AGJ had a movie/pizza night at St John's Place. *Gasland*, an award winning documentary, talked about hydrofracking and its effect on the environment. Sixteen brave souls attended and had lots of yummy pizza from Patricia's. Wed February 15th at 5pm we toured with Jessica Smrtic, the beautiful and very well equipped new Rao Center for Integrative Medicine followed by a lovely dinner at Nicolino's Restaurant. In March AGJ members will be attending the Elizabeth Cady Stanton Women's Symposium on Saturday, March 18th from 8 to 3:30PM. It Promises to be a full day with your choice of 3 workshops, breakfast, lunch, a keynote speaker, and an art show. oh and shop-

ping too. The theme for the day is Women Breaking Boundaries 1917 to 2017. The 3 subthemes are Women's Public Progress, Liberating the Body, and The Power and Spirit Of Women. We are hoping that all members will attend and bring their friends and maybe also help out. Please let Sandy or Paula know if you are willing to take part. It's only \$35 for a whole day for women. Men are welcome, but it is really oriented to us. Bonnie and Ella are doing a movie basket as AGJ's contribution. Put it on you calendar! And see the attached registration form to whet your whistle. The Johnstown Library where we have frequent meetings is doing their annual fundraiser. And it has lots and lots

of baskets to be raffled off on April 1st for only a \$1 a chance. As a thank you for using their space we always make them a basket. Irene Collins put together a great Tech Savvy Basket #26. Go to Johnstown NY Library home page and you can see the baskets. Thursday April 6th at the Raindancer, AGJ AAUW will host Susan Weber, author of *The Woman Suffrage Statue*, who will present Frustration, Jubilation and Hullabaloo...the Unwrapping of Elizabeth Cady Stanton, Susan B. Anthony and Lucretia Mott. This is open to branch members and the public and potential members. We were very lucky to receive a grant for this event from AAUW, so save the date. Our branch program committee – Bonnie Van Wie and Ella (Cont.)

Co-President's Message (Cont.)

Ryder - has been hard at work lining up stimulating meetings for this AAUW year. Wed May 24 we will tour the new bridge in Amsterdam, followed by a dinner buffet at the Armory Grill. Jahnn Gibson has graciously arranged for us to have our June potluck end of the year meeting at the Mayfield Yacht Club on Tuesday, June 13th.

Darcelle Winchelle has taken on the chairing of the nominating committee, so you probably have received a call from her or one of her helpers.

Please consider stepping up. We are looking for President (s) for the next 2 years and a chair for International Affairs. Also we really need a person to do the newsletter. Paula Lerner has agreed to run for secretary again and Ginni Mazur has stepped up to do the booklet in addition to the scrap books. Yay, Ginni! If you have an interest in or would be willing to do any of these tasks, please let Darcelle know.

April 21- 23 2017 is the NYS AAUW conference in

Syracuse at the Doubletree on Carrier Circle. Jen Garren is driving and would be happy to have riders to both of these events. The National AAUW Convention is held on alternate years. June 14 to 17th it will be held in Washington DC. Check AAUW.org for more info. If you are planning to go, please let Catherine or Sandy know. We will need two delegates to represent us. The next board mtg is Tues Feb 28th at the Johnstown Library.

Sandy Maceyka

Notes From Your Historian.....

I have been working on the scrapbooks and I am happy to say, they are almost finished being updated and arranged so they will last forever! I have spoken with the Johnstown Public Library and they are willing to store them for us. This is a good thing as they will be accessible to all. You will not be able to remove them from the library, but if you are looking for something, you can go to the desk and ask them to bring the specific one to you to

use there.

I know this has been a long time coming and I apologize for the delay in getting them finished. I found, once I got into it, it was a much bigger task than ever imaginable. If you do find mistakes, please **don't hesitate to let me know.**

Also, if you have anything that pertains to AAUW which includes minutes, newsletters, newspaper articles, etc., they can still be included. Get them to me and I can get them in the

correct scrapbook.

Along those lines, PLEASE save any newspaper articles that you can. I try to get them all, but we do go away frequently and always cancel our newspapers when we do, so I do miss some. A big thanks to those who have passed things on to me to put **in the scrapbooks. I'm certainly** thankful for your contributions.

Ginni Mazur



Congratulations on Your Engagement Colleen Leo & Geoffrey Peck!

Earth Day, April 22nd

For those who are not going to the convention in Syracuse, On Earth Day, April 22, we will be holding an Earth Day/Clean Energy Fair in the park in downtown Johnstown from noon until 2pm.

I have not yet invited the vendors, but I expect we will have several vendors of clean energy there, as well as music for your entertainment. More info to come about who will be there.

Jahnn Swanker-Gibson

April 6th Meeting

We will be promoting our April 6 program at the Elizabeth Cady Stanton Women's Symposium.

On April 7 our speaker, Sandra Weber will also give a presentation with music to 4th grade students at Warren St. School in Johnstown as part of their local history curriculum. Weber will focus on local suffragist Elizabeth Cady Stanton and the 100th anniversary of Women's Suffrage in NY State which occurred 3 years before the 19th Amendment gave all women in the US the right to vote.

Both presentations are being funded by a NYS AAUW Programing Grant.

Liz Russo

AAUW NYS Convention—April 21—23

Have you registered for the Convention yet? You can also do a day trip and take advantage of the great workshops being offered. You will be able to attend 2 workshops of your choice. There are 6 workshops in all:

Getting the Inside Scoop—Learn about the implicit and explicit rules of patriarchal power structures and learn the strategies and tools that they can use to engage power structures for more successful outcomes.

Blueprint for Intention and Action—Learn how to turn personal and professional challenges into strengths and opportunities.

Women and Group Dynamics—Learn the building blocks of productive relationships and how to cultivate them.

There are workshops on team building, understanding the value of women decision makers on community and country outcomes, and taking action on pay equity.



Personal Decisions Are Policy Decisions

The AAUW Washington update asks if you ever thought about the many ways the federal government affects your life, and that includes the appointments currently proposed by the president-elect. Consider student loans, social security, **veteran's benefits, military benefits**, immigration, small business loans, government contracts, civil rights violations, discrimination in employment and education, to name a few issues that should be of interest to all of us. Cabinet members meet regularly with the President to advise him on matters relating to the duties of departments that comprise the huge bureaucracy of federal agencies that administer these programs. AAUW reminds us that personnel decisions are policy decisions.

AAUW's mission is to advance equity for women and girls while we speak to women's needs, aspirations, and concerns.

First of all, appointments should reflect the makeup of our nation. They should reflect the diversity of experiences and backgrounds that make up the United States. Each nominee should be free of conflicts of interest. Full vetting of each nominee by the Senate should

include a healthy skepticism regarding personal, business, or political relationships with the president-elect. (*now President Trump*) AAUW outlines issues that impact women, girls, and families in the Departments of Education, Labor, Justice, and Health & Human Services. Note issues such as vouchers for private schools, issues of harassment, sexual assault, pay-back of student loans, and equal access to education among decisions within the Department of Education. Note enforcement of the federal minimum wage, protection of retirement plans, enforcement of laws that prohibit discrimination, equal pay, and advancing family and medical leave policies in the Department of Labor. Note the issues of human trafficking, and equal access to the ballot box, in the Department of Justice. Medicare and Medicaid, the Affordable Care Act, health care policy, and reproductive health care are issues of importance in the Department of Health & Human Services.

There is some criticism that **Donald Trump's inner circle is** packed with Goldman Sachs alumni. Trump picked former Goldman bankers to lead the Treasury Department, another to be chief strategist in the

White House, while another is **a member of Trump's transition team**. The nominations **seem to contradict Trump's attitude** toward the bank on the campaign trail, when he **attacked Hillary Clinton's ties** to it.

Some suggest that President Donald Trump appears to be relying on instincts and personal relationships over any grand design scheme or ideology. Wealthy, connected donors and bankers are scooping up influential positions in the new administration. As TIME magazine gave him the tribute of Person of the Year, the accompanying article stated, **"to his believers, he delivers change – broad, deep, historic change" while "to his detractors, he inspires fear both for what he may do and what may be done in his name."**

American families are looking to the Senate to instill confidence in and restore regular order to our nomination and confirmation process. AAUW hopes the senators in the 115th Congress are up to this significant task, and AAUW will be monitoring its work in the new year.

*Marian Deutschman,
Public Policy Chair
AAUW Buffalo Branch*

Celebrating the Centennial of Women's Suffrage in NYS

November 6, 2017, is the 100th **Anniversary of Women's Right to Vote** in New York State. It is a time to acknowledge those who fought so hard for women to have this basic right of citizenship. It is also a time to encourage more women to use this hard-won Right to Vote. You can do this by developing activities in your community and branch.

ENGAGE IN CELEBRATORY ACTIVITIES Organize a suffrage committee, have a guest speaker, stage a reenactment of a suffragist parade, create a suffragist trail in your area, give a talk about a local suffragist, feature a local suffragist in your newsletter. Use your wonderful imagination to promote

this tremendously significant right.

FIND LOCAL SUFFRAGISTS There are bound to be suffragists in your area. Thousands of people across New York State formed grassroots organizations to bring male voters to the realization that women should have the right to vote. You can find them in your communities. Honor these brave people who worked tirelessly to obtain the vote for women.

You and your branch will find it exciting, interesting, rewarding, and meaningful to discover these courageous **people who fought so hard to "Give Women the Vote."**

BECOME INVOLVED You will enjoy learning about these remarkable people **by utilizing the skills you've developed** to explore this meaningful portion of the **fight for women's rights. It has been a marvelous adventure for me.** Our Islip Area Branch formed the Long Island Suffragists Committee, which I chair, and I **discovered my grandparents' extensive involvement in the suffrage movement. I'd like to share three of this year's events** with you.

Read more of Nancy's article at: <http://www.aauw-nys.org/attached%20files/focus/2016-Winter-FOCUS.pdf>

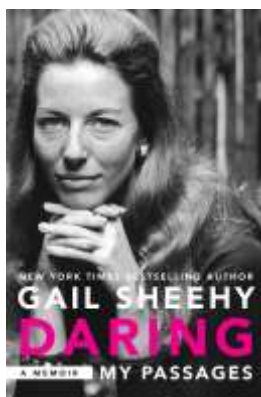
Nancy Mion
AAUW NYS Focus

Book Club

March Book club is scheduled at the Panera Bread, Route 30, Amsterdam on Wednesday, March 8 at 3:30 pm.

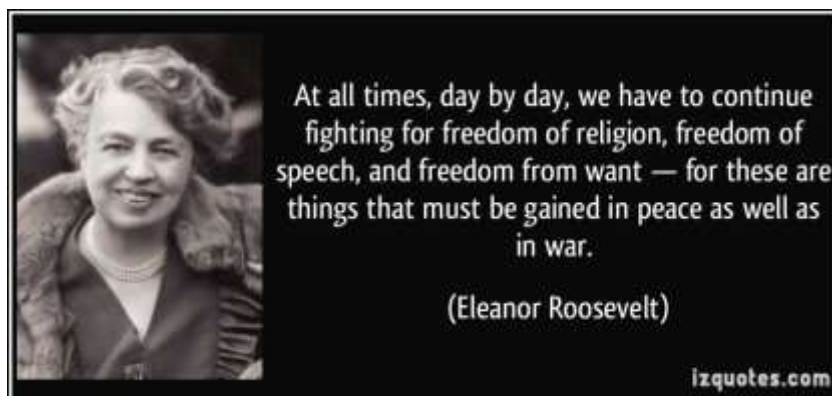
Book to be discussed is *Daring: My Passages* by Gail Sheehy, Copyright 2014. All are welcome to join in the discussion. Contact Paula Lerner at 736-2449 or paulajane84@yahoo.com

At our February meeting 7 members **attended.** Amy Cuddy's book, *Presence*, was a very good choice; lots of good conversation.



The author of the classic New York Times bestseller *Passages* returns with her inspiring memoir—a chronicle of her trials and triumphs as a groundbreaking “girl” journalist in the 1960s, to iconic guide for women and men seeking to have it all, to one of the premier political profilers of modern times.

Candid, insightful, and powerful, *Daring: My Passages* is the story of the unconventional life of a writer who dared . . .



The Elizabeth Cady Stanton Women's Consortium

Presents

2017

WOMEN'S SYMPOSIUM

Women Breaking Boundaries

1917 to 2017



March 18, 2017

8:00 am - 3:30 pm

HFM BOCES

2755 State Highway 67

Johnstown, NY

For information please email

LizDeclares@gmail.com or call 762-7638

From AAUW National

Play The President's First Address BINGO



Play AAUW Bingo to find out what President Trump will say about women's issues in his first address to Congress.

When : Tuesday, February 28, at 9 p.m. ET

You can [print a bingo card](#) or [play our interactive bingo](#) online and tweet picture of your winning card with #AAUWbingo to claim your prize.

[Read More ...](#)

Downloadable Image - <http://www.aauw.org/files/2017/02/2017-Trump-Presidential-First-Address-Bingo-Card-1-600x320.png>

The Simple Truth about the Gender Pay Gap (Spring 2017)



Women working full time in the United States typically are paid just 80 percent of what men were paid. The figure is even more dire for African-American, Hispanic or Latino women. While many occupations have managed to narrow or even close the pay gap, disparity still exists.

AAUW's The Simple Truth about the Gender Pay Gap addresses the issues such as the pay gap in each state; the pay gap by age, race/ethnicity, and education; guidance for women facing workplace discrimination; resources for fair pay advocates etc.

Interested in learning more about these issues and preparing for Equal Pay Day? [Click here for the full report and details.](#)



April 21-23 at the Doubletree in Syracuse

REGISTER NOW - AAUW NYS Convention

Registration for Convention:
[http://www.aauw-nys.org/RegistrationForms/
convention_form%202017.htm](http://www.aauw-nys.org/RegistrationForms/convention_form%202017.htm)

Registration for Hotel:
[http://aauwnyswp.aauw-nys.org/wp/wp-content/
uploads/2016/11/Hotel-Registration-Form.pdf](http://aauwnyswp.aauw-nys.org/wp/wp-content/uploads/2016/11/Hotel-Registration-Form.pdf)

Convention Schedule attached to back of Newsletter

CHECK OUT NYS Focus for articles on convention
articles (workshops & speakers)

Check out the new NYS AAUW website

<http://aauwnyswp.aauw-nys.org/wp/>

If you enter the old address, you may receive a message that the site is not available.

AAUW NYS Convention Schedule - Doubletree Hilton Syracuse April 21 to 23, 2017

Friday, April 21

12:00	-	6:00	Registration Open – Lobby
1:00	-	5:00	Tour (Stickley Museum & Gage Center with high tea)
1:00	-	5:00	LAF Basket / Purse Room set up - Adams Basin
1:00	-	5:00	NYS Board of Directors Meeting - Champion Room
4:30	-	6:00	LAF Basket/Purse Room Open
6:00	-	7:00	President's Reception- Harbor Ballroom
7:00	-	8:00	Convention Banquet - Harbor Ballroom
8:00	-	9:00	Keynote: TBD
9:00	-		LAF Basket / Purse Room Open
9:30	-		Informal Gatherings / Networking
9:30	-		Nominating Committee - Dewitt Basin
9:30	-		Resolutions Caucus

Saturday, April 22

7:00	-	9:00	Registration - Lobby
7:30	-	8:30	Breakfast (Programs/Public Policy/Communication Awards) - Harbor Ballroom
8:00	-	8:45	LAF Basket/Purse Room Open
9:00	-	10:45	Annual Business Meeting and Election of Officers - Huron/Ontario
10:45	-	11:00	BREAK - Grand Ballroom Foyer
11:00	-	12:00	Opening Plenary - Louise Bernikow - Huron/Ontario
12:15	-	2:00	Legal Advocacy Fund Luncheon - Susan Landino Burhans - Harbor Ballroom
2:15	-	3:30	Breakout Workshops - Dewitt Basin, Sacketts Basin, Huron, Ontario
3:30	-	3:45	BREAK - Grand Ballroom Foyer
3:45	-	5:00	Breakout Workshops - Dewitt Basin, Sacketts Basin, Huron, Ontario
5:00	-	7:00	LAF Basket/Purse Room Open
6:00	-	7:00	Emerging Leaders Reception & Award Ceremony
7:00	-	8:00	Banquet - Harbor Ballroom Induction of New Officers Keynote - Michelle Rivera Clonch – Women's Leader Center
9:00	-	10:00	LAF Basket Room Open. Bidding ends.
9:00	-	11:00	AAUW Fundraiser – Talent Show

Sunday, April 23

7:30	-	8:30	Breakfast - LAF Basket Winners Announced – Michigan/Erie
8:00	-	8:45	Nominating Committee - Dewitt Basin
8:45	-	9:45	AAUW National Update - Huron/Ontario
9:45	-	10:45	District Meetings - Huron/Ontario
10:45	-	11:55	Counterpart Sessions - Huron/Ontario
12:00	-	1:00	Luncheon and Closing Session – Swim Winners Announced -Michigan/Erie
1:00	-	1:15	Call to Convention 2017
1:30	-	2:00	Post-Convention Board Meeting - Adams Basin

Board Members:

Co-Presidents:

Catherine Julius
Sandra Maceyka

Co-Vice Presidents—

Membership:

Mary Jablonski &
Jennifer Garren

Treasurer:

Irene Collins

Co-Vice Presidents—

Program:

Ella Ryder &
Bonnie Van Wie

Recording Secretary:

Paula Lerner

Newsletter Editor:

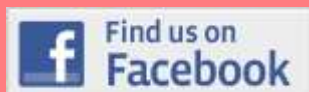
Linda Hammond

Contact Info:

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NYS AAUW:

aaunyswp.aauw-nys.org/wp/

National:

AAUW.org



The American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research.

AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Calendar of Events

March 18	Elizabeth Cady Stanton Women's Symposium 8 am—3:30 pm	June 14-17	AAUW Convention Washington, DC
April 6	Susan Weber Presentation Raindancer Restaurant, Route 30, Amsterdam 5:30 pm	July 21-23	NYS AAUW Leadership Conference Cazenovia College
April 21-23	NYS Convention DoubleTree, Syracuse		
May 1	Branch Meeting—Nadia Shahram will present on Muslim Women Location & Time: TBA		



It all started with a Tea Party.....
Fundraiser and Gathering to Benefit
The Sunflower Shoppe, "Where Sisterhood Blossoms"
Please join us! Bring a friend and potential new member.

- When:** Wednesday March 1, 2017
- Where:** Union Hall at 2 Union Place in Johnstown NY
- When:** 3:30 Brief program (Tea served from 4:00-6:00)
- Menu:** Yummy assorted sandwiches, scones, and other desserts and beverages
- Cost:** \$20/person (includes a \$6.00 donation to support The Sunflower Shoppe)

RSVP: by February 20th to ECSHA, PO Box 753, Johnstown NY 12095
Check payable to ECSHA

Questions? Text Jennifer Gardella at 518-521-8647 or gardella15@gmail.com

If you haven't yet visited The Sunflower Shoppe at 37 West Main St. Johnstown, it will be open from 1-4 that day! You'll be bedazzled!!! You may want to bring some money with you to shop!

Count Me in for Tea Time!

Name _____

Contact email or phone _____

_____ I will attend this event for \$20.00 and my check is enclosed.

_____ I will attend and would like to donate _____ more to support The Sunflower Shoppe.

_____ I cannot attend but please accept my donation to support our newest effort.

_____ I have also included my ECSHA membership dues renewal.

To register, fill out the following form. Indicate your first, second and third choice For EACH session by writing 1, 2 and 3 in each column's box.

Make checks payable to ECSWC and mail to:

Cindy Rivera, Treasurer
 ECSWC
 PO Box 251
 Johnstown, NY 12095

Pre-registration is required for all Symposium events.

Registration, Breakfast Vendors
 8:00 - 9:00

Welcome
 9:00 - 9:15

Morning Workshops
 9:20 - 11:40

Vendors & Luncheon
 11:50 - 12:35

Keynote: Susan Goodier
 12:35 - 1:20

Afternoon Workshop
 1:30 - 2:35

Student Art Competition Review & Awards
 2:45 - 3:30

**\$35 per person
 \$15 student rate
 \$40 late registration**

The Consortium welcomes you to the sixth Elizabeth Cady Stanton Women's Symposium for a day of workshops, talks, and socializing. Our Symposium theme celebrates different areas of women's lives today as well as honoring earlier trailblazers who paved the way for today's women.

Elizabeth Cady Stanton Women's Consortium Presents



Women Breaking Boundaries 1917 to 2017



March 18, 2017
 Registration Due
 March 6, 2017

HFM BOCES
 2755 State Highway 67
 Johnstown, NY
 8:00 am - 3:30 pm

Session A 9:20 - 10:25 AM

The Story of Suffrage

Women Minding the Store

Meet Rose Knox, Entrepreneur

Session B 10:35 - 11:40 AM

Mapping Women's Reform in NY

Inspiring Stories of "Super" Women

The Sway of Fashion

Session C 1:30 - 2:35 PM

Stepping on Men's Toes

Powerful Women Serving the Public

Strengthen, Lengthen and Soften

Name: _____
 Address: _____
 City: _____
 State/Zip: _____
 Email: _____

Session A 9:20 - 10:25

The Story of Suffrage

Samantha Hall-Saladino, Kelly Yacobucci Farquhar

Take a walk through the highlights of women's nearly eighty year struggle to win the vote. From Seneca Falls in 1848 to Tennessee's ratification of the Nineteenth Amendment in 1920, women worked tirelessly to achieve this goal.

Session B 10:35 - 11:40

Women's Public Progress

Mapping Women's Reform in NY

Laurie Kozakiewicz, Nancy Spagnola

Participate in a statewide virtual tour focused on New York's female activists. We will look at some of the places and spaces where these women have made a difference.

Session C 1:30 - 2:35

Stepping on Men's Toes

Maggie Luck - County Coroner

The job runs the gamut from tagging toes to comforting the bereaved. Maggie Luck, Fulton County's first female coroner, will reflect on this exceptional, professional journey.

Body Mind and Soul

Women Minding the Store

**Kristina Gillmore - Ricmar Design & Print
Melanie Pombrio - PCM Communications
Kate Ehle - Cake & Ale Studio**

Meet some of our local female entrepreneurs who will share some of the challenges of building a business and reflect on what being a female businesswoman in the 21st century is all about.

Inspiring Stories of "Super" Women

**Rebecca Weiderman - Iron Woman
Julee Hart - Half Iron Woman
Jessica Kozakiewicz-Tough Mudder
Lisa Holland, Tri-athlete - Fitness Coach**

From Iron Woman to Tri-athlete to Tough Mudder competitor, panelists will share their experiences of pushing their bodies to the max. Learn that any woman can chose a fitness path that is right for them.

Strengthen, Lengthen and Soften Chair Yoga for Strength, Flexibility and Stress Reduction

Laurie Freeman

"Yoga" means to yolk together the body, breath and mind to realize your true self. You will be introduced to simple stress reducing techniques. No experience is necessary. All body types and conditions are welcome. Dress in loose, comfortable clothing.

The Power & Spirit of Women

Meet Rose Knox, Entrepreneur

Anne Niles

Meet Anne Niles who, as Rose Knox, will introduce you to this path-breaking businesswoman of the early twentieth century. The story of the Knox Gelatin company is a window into one woman's commitment to her work and the Johnstown community.

The Sway of Fashion

Audrey Kline

Women's fashion has sometimes made a political statement. Take a look at the evolution of women's costumes and dress through the years with emphasis on the things that women chose to wear that were controversial or unusual for their times.

Women Serving the Public

Mary Ann Johnson - Former Town Supervisor

Sarah Slingerland - Former Mayor

Mary Farley - Supreme Court Judge

Three women and the challenges and satisfaction they have experienced in a variety of public service careers that, not too long ago, were associated mainly with men.