



Upstate Update

agj-ny.aauw.net

January 2017

Co-President's Message

On a miserable cold rainy Tues Nov 15 we had a White Elephant Auction at Holy Trinity Church Hall. Trish Isabella, our auctioneer, had us all in stitches as we bargained for the donated white Elephants and munched on homemade cookies. Thanks to all the donations of items and cookies, it was a very successful evening raising money for EOF-LAF. Sat Dec 10th was the Holiday Brunch at Union Hall. The grab bag exchange was great fun. Congrats to Ella Ryder for winning the 2 raffle tix to Proctors for a front row balcony experience of *The Curious Incident of the Dog* donated by your co-Pres, Catherine Julius. Our branch program committee – Bonnie Van Wie and Ella Ryder - has been hard at work lining up stimulating meetings for the rest of the

AAUW year. Tues Jan 24th will be movie/pizza night at St **John's Place**. *Gasland*, an award winning documentary, will talk about hydrofracking and its effect on the environment. See attached flier. Wed February 15th at 5pm we will tour the new Rao Center for Integrative Medicine followed by dinner at **Nicolino's Restaurant at 6PM**. See attached flier. In March we will be attending the Elizabeth **Cady Stanton Women's Symposium** on Saturday, March 18th from 8 to 3:30PM. It Promises to be a full day with your choice of 3 workshops, breakfast, lunch, a keynote speaker, and an art show.. oh and shopping too. The theme for the day is Women Breaking Boundaries 1917 to 2017. The 3 subthemes are **Women's Public Progress, Lib-**

erating the Body, and The Power and Spirit Of Women. We are hoping that everyone will attend and maybe also help out. Please let Sandy know if you are **willing to take part. It's only \$35** for a whole day for women. Men are welcome, but it really oriented to us. Put it on you calendar! And see attached working document to whet your whistle. Thursday April 6th at the Raindancer, AGJ AAUW will host Susan Weber, author of *The Woman Suffrage Statue* who will present Frustration, Jubilation and Hullabaloo...the Unwrapping of Elizabeth Cady Stanton, Susan B. Anthony and Lucretia Mott to branch members and the public. We were very lucky to receive a grant for this event from AAUW, so save the date.

NEW EMAIL
ADDRESS FOR
AGJ AAUW:

AGJAAUW@gmail.com

Friday, February 3, 2017



Co-President's Message (Cont.)

Darcelle Winchelle has taken on the chairing of the nominating committee, so you may receive a call from her or one of her helpers. Please consider stepping up. We are looking for President(s) and Secretary for the next 2 years. Also we need a person to do the newsletter and someone to do the booklet and a chair for International Affairs. If you have an interest in or would be willing to do any of these tasks, please let Sandy or Darcelle know.

April 21- 23 2017 is the NYS AAUW conference in Syracuse at the Doubletree on Carrier Circle. Jen Garren is driving and would be happy to have riders to both of these events. The National AAUW Convention is held on alternate years. June 14 to 17th it will be held in Washington DC. Check AAUW.org for more info.

Sandy Maceyka
smaceyka@frontiernet.net

Join AAUW for Inauguration Weekend

Join AAUW and lead your branch in delivering the message that women's rights are human rights during inauguration weekend.

Participate with your branch in our official AAUW delegation at the Women's March on Washington in our nation's capital or organize your members to attend a Sister March in your city.

AAUW members will be attending both the presidential

inauguration and the Women's March. See our tips for inauguration weekend [here!](#)



Register for 2017 AAUW National Convention before Best-Value Rate Ends

Our voices are louder when we speak as a chorus — and **AAUW's voice is needed now** more than ever. Join 1,000 AAUW members and supporters from across the country as we speak truth to power on Capital Hill, hone our leadership skills [at hands-on workshops](#), and **take our nation's capital by storm!**

Make sure your voice is heard: [Register now](#) to take advantage of the best-value rate by January 14.

How does global warming affect the oceans?

First of all, as the seas warm, tropical storms become more frequent and severe, remember Katrina, Sandy and Irene? There was also a hurricane in the Atlantic in January 2016, which is way out of season for hurricanes. Next, increased warmth causes coral reefs to bleach and die. One third of earth's coral reefs are bleached, and many are not expected to recover. Sea life depends upon these reefs, when they are gone, the oceans will start to die. Also, the polar ice caps are melting. Satellite views of the earth through the years show this. Much of this meltwater is fresh water, thus changing the saline content of the oceans. Sea life has evolved to exist on this salinity, so if it changes, many fish and marine mammals will suffer and

die. The sea level will continue to rise, as it already has. Miami Beach now faces a flooding problem, the Dutch are building higher dikes and experimenting with floating buildings. The cold water entering the seas North and South will interfere with the warm currents which drive our weather and climate patterns, and it's anybody's guess as to what this will bring. As the polar ice melts, it affects life in the polar regions. Polar bears in the North are going hungry, as are the native peoples of Alaska, Northern Canada, and Greenland, since they depend on the sea ice to reach their food. Penguins in the South are often unable to get from their breeding grounds to the sea to feed, because the melted ice floes rub against the shore ice creating huge shards of broken ice which they are unable to cross. And lastly, as the

bright white ice, which reflects much of the sun's heat back into space melts, dark blue ocean is exposed, absorbing more of the sun's heat and contributing to even more warming. This exacerbates, or makes the problem even worse. This is called "feedback".

So please, conserve fossil fuels and eat less meat, as the cattle industry releases a lot of methane, which is even worse for the atmosphere than carbon dioxide.

Jahnn Swanker-Gibson

Book Club

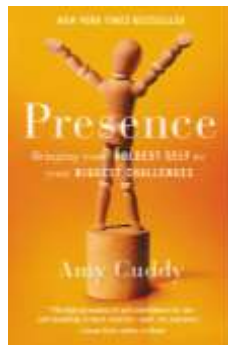
February Book club is scheduled at the Panera Bread, Route 30, Amsterdam on Thursday, Feb 9 at 3:30 pm.

Book to be discussed is *Presence* by Amy Cuddy. **Eight** copies are available at the Johnstown Public Library.

All are welcome to join in the discussion of the WWII era novel.

Contact Paula Lerner at 736-2449 or

paulajane84@yahoo.com



Amy Cuddy is known around the world for her 2012 TED Talk, which is the second-most viewed **talk in TED's history**. A Harvard Business School professor and social psychologist, Cuddy studies how nonverbal behavior and snap judgments influence people. Her research has been published in top academic journals and covered by NPR, the *New York Times*, the *Wall Street Journal*, *The Economist*, *Wired*, *Fast Company*, and more.

January Leadership Bite

“Though we tremble before uncertain futures

may we meet illness, death and adversity with strength

may we dance in the face of our fears.”

Gloria E. Anzaldua, author and activist

Movie Night "Gasland"

Award Winning Documentary
by Josh Fox



*Learn how Hydrofracking to extract
natural gas could affect our environment.*

Tuesday, January 24

SUGGESTED READINGS:

Heat and Light by Jennifer Haigh

Lights Out by Ted Koppel

6-9 pm

at

**1 Church St., Johnstown
(Former YMCA)**

Cost: \$5 checks payable to AAUW

Menu: Pizza, Salad & Beverages

Please choose your pizza preference from these
selections:

Plain Cheese

White Pizza with Broccoli

Mushroom and Sausage

Pepperoni

RSVP: by January 12 to Jahnn Gibson 705-2835

302 S. Melcher St., Johnstown, 12095

From AAUW National **AAUW's accomplishments in 2016**

As the year comes to a close, it's time to look back AAUW's achievements which is the ultimate hard work of all of our members and supporters. Without their support, the success of the last year would not have been possible.

- 200,000+ messages went out to state and federal legislators.
- 6 states passed new equal pay laws in 2016.
- 714 resource guides were delivered to Title IX coordinators in 29 states.
- **2,200 signatures collected on AAUW's petition urging Anheuser-Busch to sign the White House Equal Pay Pledge.**
- 44 years of Title IX celebrated with Senator Harry Reid.
- 900+ get-out-the-vote events organized by members in 46 states.
- 19 AAUW members were elected to state legislatures.
- **12,000 young women and girls were empowered through AAUW's leadership programs.**
- 11,460 women learned to ask for the salary they deserve through AAUW salary workshop negotiations

105-year-old AAUW member Martha Ann on Women's rights

Martha Ann has witnessed crucial milestones in **women's equality from women's right to vote in November 1920 to name of the first woman on the presidential ballot in November 2016.** When Miller was entering the workforce in the 1930s, sexism and inequality were prevalent. Throughout **Miller's membership**, AAUW has supported equal pay legislation, women in politics, equal representation of both men and women and many more programs.

To read more—visit :
<http://www.aauw.org/2016/12/19/a-century-of-womens-rights-work-through-the-eyes-of-a-centenarian/>



Photo caption : AAUW member Martha Ann Miller.
 Photo Credit : Hannah Golden.

Webinar on Membership Retention

Date : January 24, 2017
 Time: 4–5 p.m. ET OR 7–8 p.m. ET
 Location: Online
 Cost: Free (You just need to register.)

This webinar is open to everyone but it is more geared toward branch and state presidents, membership vice presidents, and any leaders responsible for member recruitment, engagement, or retention strategies in the local community.

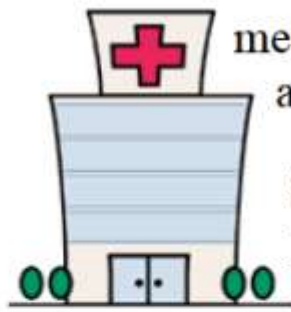
AAUW Annual 2017 Art Contest

Showcase your talent by entering this exciting art competition. The six winning entries will be featured in a collection of note cards mailed to AAUW members in the spring.

Submission Deadline- January 31, 2017
 Voting period - February 6–28
 Winner announcement - Early March

To learn more information—visit:
<http://www.aauw.org/contests/>

Amsterdam-Gloversville-Johnstown AAUW Tour



meet Wed Feb 15th at 5PM
at upper level reception area,

St Mary's Healthcare
RAO Outpatient Pavillion
for Integrative Medicine

4950 State Highway 30, Amsterdam, NY

Followed at 6PM
by dinner at Nicolino's
4515 State Highway 30
Amsterdam, NY 12010
(518) 842-4907

Order from the menu and
PYOW- (separate checks)

RSVP by Mon Feb 6th
Sandy Maceyka, 736-5130
smaceyka@frontiernet.net



2017 ECSWC Symposium Schedule Working Document
Theme for the Day: Women Breaking Boundaries 1917 to 2017

Updated

1/15/2017

3/18/2017

<u>8:00 AM</u>	<u>9:00 AM</u>	<u>End</u> registration/breakfast/vendors	<u>Women's Public Progress</u> registration/breakfast/vendors	<u>The Power & Spirit of Women</u> registration/breakfast/vendors
9:00 AM	9:15 AM	Welcome	Welcome	Welcome
<u>9:20 AM</u>	<u>10:25 AM</u>	<u>The Story of Suffrage</u> Samantha Hall-Saladino Kelly Farquar	<u>Expanding the Playing Field</u> Pat Potter - Swim Official Sandy Sidlowski -Coach Balliston Spa Donna Nevelius - Physical Education Nancy Spagnola, Moderator	<u>Meet Rose Knox, Entrepreneur</u> Anne Niles
<u>10:35 AM</u>	<u>11:40 AM</u>	<u>Mapping Women's Reform in NY</u> Laurie Kozakiewicz Nancy Spagnola	<u>Inspiring Stories of "Super" Women</u> Rebecca Weiderman, Iron Woman Julee Hart, half Iron Woman Jessica Kozakiewicz, Tough Mudder Lisa Holland, Fitness Coach	<u>The Force of Fashion</u> Audrey Kline
11:50 AM	12:35 PM	Vendors & Lunch	Vendors & Lunch	Vendors & Lunch
<u>12:35 PM</u>	<u>1:20 PM</u>	<u>Keynote: Susan Goodier</u>	<u>Keynote: Susan Goodier</u>	<u>Keynote: Susan Goodier</u>
<u>1:30 PM</u>	<u>2:35 PM</u>	<u>Stepping on Men's Toes</u> Maggie Luck - County Coroner	<u>Strengthen, Lengthen and Soften: Chair Yoga for Transformation</u> Laurie Freeman	<u>Powerful Women Serving the Public</u> Mary Ann Johnson, Supervisor of Day Sarah Slingerland, 2 Term Mayor Mary Farley, Surrogate Court Judge Kristina Gilmore, Moderator
<u>2:45 PM</u>	<u>3:30 PM</u>	<u>Arts Session</u> Patsy Suydam & Barb Reffitt	<u>Arts Session</u> Patsy Suydam & Barb Reffitt	<u>Arts Session</u> Patsy Suydam & Barb Reffitt



April 21-23 at the Doubletree in Syracuse

REGISTER NOW - AAUW NYS Convention

Registration for Convention:
[http://www.aauw-nys.org/RegistrationForms/
convention_form%202017.htm](http://www.aauw-nys.org/RegistrationForms/convention_form%202017.htm)

Registration for Hotel:
[http://aauwnyswp.aauw-nys.org/wp/wp-content/
uploads/2016/11/Hotel-Registration-Form.pdf](http://aauwnyswp.aauw-nys.org/wp/wp-content/uploads/2016/11/Hotel-Registration-Form.pdf)

Convention Schedule attached to back of Newsletter

CHECK OUT NYS Focus for articles on convention
articles (workshops & speakers)

Check out the new NYS AAUW website

<http://aauwnyswp.aauw-nys.org/wp/>

If you enter the old address, you may receive a message that the site is not available.

MATILDA JOSLYN GAGE

At the AAUW-NYS Convention

Eleanor Aronstein, President, Schenectady AAUW

AAUW-NYS Convention will be held in Syracuse on April 21-23.

A highlight of Friday will be a tour and high tea at the Matilda Gage Foundation followed by a tour of the Stickley Museum. We will recognize the efforts and achievements of Gage by focusing on her life and her work.



Matilda Joslyn Gage was born in Cicero, NY in 1826. Gage received a liberal education and became a prolific writer in the cause of both abolition and women's rights. She co-authored with Elizabeth Cady Stanton and Susan B. Anthony the first three volumes of *A History of Woman Suffrage*. She also addressed her own concerns about male dominance within Christianity with the publication in 1893 of *Woman, Church and State*. Her efforts to document the historical 1848 Seneca Falls Convention resulted in her publication in her newspaper (*The National Citizen and Ballot Box*) of portions of *A History of Woman Suffrage*..as recorded by Elizabeth Cady Stanton.

Gage was a hands-on activist, frequently attempting to vote, defending the rights of other intrepid women who dared approach the ballot box! And she is primarily responsible for securing women the right to vote in school board elections!!! In 1880, she became the first woman to vote in Fayetteville under that law.

While it would be several decades before women's voting rights became secure, progress is measured incrementally - and we would be remiss if we didn't offer our homage and respect to this intrepid woman. Her lifelong motto - which is engraved on her cemetery grave stone is: *There is a word sweeter than Mother, Home or Heaven, that word is Liberty.*



Registration available at www.aauw-nys.org

Board Members:

Co-Presidents:

Catherine Julius
Sandra Maceyka

Co-Vice Presidents—

Membership:

Mary Jablonski &
Jennifer Garren

Treasurer:

Irene Collins

Recording Secretary:

Paula Lerner

Newsletter Editor:

Linda Hammond

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NYS AAUW:

aauwnyswp.aauw-nys.org/wp/

National:

AAUW.org



The American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research.

AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Calendar of Events

January 24	Movie Night 1 Church St Johnstown 6—9 pm	April 21-23	NYS Convention DoubleTree, Syracuse
February 15	St. Mary's Healthcare RAO Outpatient Pavillion for Integrative Medicine 5PM Tour 6 PM Dinner at Nicolino's Restaurant	June 14-17	AAUW Convention Washington, DC
March 18	Elizabeth Cady Stanton Women's Symposium 8 am—3:30 pm	July 21-23	NYS AAUW Leadership Conference Cazenovia College
April 6	Susan Weber Presentation Raindancer Restaurant, Route 30, Amsterdam 5:30 pm		

**AAUW NYS Convention Schedule - Doubletree Hilton Syracuse
April 21 to 23, 2017**

Friday, April 21

12:00	-	6:00	Registration Open – Lobby
1:00	-	5:00	Tour (Stickley Museum & Gage Center with high tea)
1:00	-	5:00	LAF Basket / Purse Room set up - Adams Basin
1:00	-	5:00	NYS Board of Directors Meeting - Champion Room
4:30	-	6:00	LAF Basket/Purse Room Open
6:00	-	7:00	President's Reception- Harbor Ballroom
7:00	-	8:00	Convention Banquet - Harbor Ballroom
8:00	-	9:00	Keynote: TBD
9:00	-		LAF Basket / Purse Room Open
9:30	-		Informal Gatherings / Networking
9:30	-		Nominating Committee - Dewitt Basin
9:30	-		Resolutions Caucus

Saturday, April 22

7:00	-	9:00	Registration - Lobby
7:30	-	8:30	Breakfast (Programs/Public Policy/Communication Awards) - Harbor Ballroom
8:00	-	8:45	LAF Basket/Purse Room Open
9:00	-	10:45	Annual Business Meeting and Election of Officers - Huron/Ontario
10:45	-	11:00	BREAK - Grand Ballroom Foyer
11:00	-	12:00	Opening Plenary - Louise Bernikow - Huron/Ontario
12:15	-	2:00	Legal Advocacy Fund Luncheon - Susan Landino Burhans - Harbor Ballroom
2:15	-	3:30	Breakout Workshops - Dewitt Basin, Sacketts Basin, Huron, Ontario
3:30	-	3:45	BREAK - Grand Ballroom Foyer
3:45	-	5:00	Breakout Workshops - Dewitt Basin, Sacketts Basin, Huron, Ontario
5:00	-	7:00	LAF Basket/Purse Room Open
6:00	-	7:00	Emerging Leaders Reception & Award Ceremony
7:00	-	8:00	Banquet - Harbor Ballroom
			Induction of New Officers
			Keynote - Michelle Rivera Clonch – Women's Leader Center
9:00	-	10:00	LAF Basket Room Open. Bidding ends.
9:00	-	11:00	AAUW Fundraiser – Talent Show

Sunday, April 23

7:30	-	8:30	Breakfast - LAF Basket Winners Announced – Michigan/Erie
8:00	-	8:45	Nominating Committee - Dewitt Basin
8:45	-	9:45	AAUW National Update - Huron/Ontario
9:45	-	10:45	District Meetings - Huron/Ontario
10:45	-	11:55	Counterpart Sessions - Huron/Ontario
12:00	-	1:00	Luncheon and Closing Session – Swim Winners Announced -Michigan/Erie
1:00	-	1:15	Call to Convention 2017
1:30	-	2:00	Post-Convention Board Meeting - Adams Basin

AAUW-NYS Convention Workshops

There will be six workshops all together, four at each of two sessions with two of them repeating. More details coming!

Getting the Inside Scoop

Presenters: Justin Wilcox, Monroe County Legislator

Cynthia Herriott, AAUW NYS Board Vice President of Public Policy

This workshop describes the power structures that are responsible for social, economic and political decisions that impact our daily lives and rights. Attendees learn about the implicit and explicit rules of patriarchal power structures and learn the strategies and tools that they can use to engage power structures for more successful outcomes. Attendee understand the value in participating as equals in formulating policy and advocating for their rights, and learn how they can change the balance of power which results in more inclusive decision-making structures

Blueprint for Intention and Action

Presenter: [Ariana Blossom](#), Program Director, Passenger to Pilot: Empowering Women Entrepreneurs, Center for Regional Economic Advancement, New York State, (CREA).

This workshop helps Attendees understand that they can accomplish their goals in personal, professional and volunteer and advocacy development through intention, intuition, knowledge and skills. Attendees learn how to turn personal and professional challenges into strengths and opportunities. A blueprint for action, feedback, evaluation helps them become less “risk averse” as does the understanding of the roles of advocates, mentors, coaches and other support systems..

Power and Group Dynamics

Presenter: [Natalie Hofmeister](#)

This workshop understand that making a real change in your personal, professional lives, in your community, country and the world requires women to work with groups of men and other women. Attendees learn the value of have interdependent relationships and how to cultivate them. They understand that real personal power lies in understanding of the group’s social structure, norms, expectations, values, attitudes and beliefs. This knowledge is indispensable to women who want to lead and influence.

Team Building and Movement

The focus of this workshop activity is through an interactive problem solving type hands-on activity to understand the importance of collaboration and team building to attain a common goal. Participants will work together to in a creative environment.

Policing in the 21st Century

Presenters: Cynthia Herriott – Facilitator

Kara Anglin – Police Sergeant, National Organization of Black Law Enforcement Executives

Debra Dwyer – Asst. Chief of Operations, Monroe Community College Department of Public Safety

This workshop features women law enforcement officers in positions of decision-making authority. These leaders will share their paths to the upper echelons of law enforcement and the skills and experiences they utilized to get ahead in a predominantly male field. They will help attendees understand the importance of women officers in the framing of policies, and also implementation because policy-making and implementation are not gender- neutral.

Cope Project

This workshop will review our survey data with the audience, provide a tool kit, and have six scenarios that people move through in teams to brainstorm how to resolve issues of pay equity.