

Upstate Update

agj-ny.aauw.net

January - February 2016

Co-President's Message

Hard to believe that the new year is here. It certainly crept up on me. So much going on. The Bridesmaid play that several of you worked on in conjunction with the Colonial Little Theatre and the Elizabeth Cady Stanton Women's Consortium is over and done and the CLT did very well... they had the biggest audiences for a nonmusical ever and I think cleared close to \$3000. Not bad for 4 performances... it was a lot of work and we are not sure we want to do it again. It was not exactly what we had hoped, but I guess better than they had hoped... They were very happy with the results. We also had a great meeting in November at the Johnstown Senior Center arranged by Linda Hammond.

The Alzheimer brain games were fun and the stress talk was great too. And of course as always we had yummy food...

Ón Saturdáy Dec 5th at 12:30 we had our social event of the season... A lovely warm luncheon at Union Hall in Johnstown arranged by Marietta Raneri with a grab bag present and donations for the food pantry. Hope you attended. January was a localvore/vegan meal at the Presbyterian Church and movie arranged by Linda Hammond and Jahnn Gibson. On February 1st, Rona Glickman is coming from Buffalo to do a program for the Gloversville Middle School on bullying. On the Sunday evening preceding (Jan 31st) any of our members who wish will meet for dinner

with Rona at the Holiday Inn at 6:30. Let Jenn Garren know if you plan to attend. The March 10th meeting will be at FM with some of the foreign women students talking about their lives there and here.

I am hoping that anyone planning or co-planning a meeting in 2016 will get in touch with Catherine or me with the final details ASAP.

The next executive / planning meeting will be on Tuesday February 9th 2016 at 5:30 at the Johnstown Library. Time does fly. Put it on your new calendar!! and I will see you there. In fact put all the dates on your calendar.

Sandy Maceyka smaceyka@frontiernet.net

Friday, February 5, 2016



Upstate Update

Book Club CHANGE

February Book club is scheduled at the Johnstown Public Library Sunday, Feb 21 from 1-3pm for a change, to see if members who work would like the opportunity to attend.

Book to be discussed is All the Light We Cannot See by Anthony Doerr. Copies are available at the Johnstown Public Library. All are welcome to join in the discussion of the WWII era novel.

Contact Paula Lerner at 736-2449 or

paulajane84@yahoo.com



WINNER OF THE PULITZER PRIZE

From the highly acclaimed, multiple award-winning Anthony Doerr, the beautiful, stunningly ambitious instant New York Times bestseller about a blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II.

Change of date for the Celebration – Farewell to Downton Abbey Party



We've tentatively changed the date to Sat May 7th at 11:30. And we've decided to have each of our members be a hostess and plan their own table set-up and invite guests of their own choosing. So each hostess can set up their own table with place-

mats or a tablecloth or ? and they can provide a teapot to pour tea and also wear a hat. This will be our major fund raiser for this 2 year period. We will have some pots with flowers for sale, since it will be close to Mother's Day. And we will charge \$45 or \$50 /pp. There will be background music, baskets, and silent auction items and a Door Prize or Two. Maybe prizes for the best hat or prettiest/ most interesting table? If you have any ideas and wish to help with the event, we certainly could use all the help we can get.

The next meeting will be Tuesday February 9thth at 5:30 at the Johnstown Library. Please Attend!!! Contact Helen James if you have ideas and or want to help.

HJames2265@aol.com

You know it's global warming when....

The UPS man is wearing shorts in the middle of December, Your lawn is still green at Christmastime and you wonder

if you need to mow, A daddy longlegs is alive and

well on your front porch in the middle of December, According to NOAA Weather, days on which heat is needed

are way below average, but days on which air conditioning is needed are way above aver-

age, The year 1915 was the hottest on record, as were the last 2

before that in their turn, Even romance novels mention Global Warming in their storyline.

Your gas bill for heat in December is the same as it was for April

There is a hurricane in the

Pacific in the middle of January, A tropical Depression is forming in the Atlantic in January which may turn into a tropical

storm. And so I ask, as our climate pattern changes, that you do your utmost to conserve fossil fuel energy. Turn the thermostat down a little, drive less by consolidating errands, walk if possible, us cold water to wash clothes, and call either Ethical Electric 1-800-684-0197, or Solar City 1-866-243-3495, to convert your electricity to the clean, renewable resources of wind or solar power.

Jahnn Gibson

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Tech Savvy Summit for Girls Planning

Progress continues on the Tech Savvy Summit for Girls. The conference for middle school girls will be held at Fulton Montgomery Community College on Tuesday, May 24. The event focuses on STEM related hands-on workshop in the hopes of encouraging girls to consider careers in science, technology, engineering or math. Last year's event attracted 200 girls.

Workshops So Far

Liz Russo has been contacting FM, Cobleskill, and Siena Col-

leges to request facilitators for the Tech Savvy Summit. The goal is to get a total of 11 workshops from which each girl can choose three to attend. We have nine workshops to date. Below are listed the workshops, name of facilitator and college where they work.

- I. DNA (FMCC/Susan Mac-Leod)
- Intro to Physics & Astronomy Demos (Sienna / George Hassel)

- Brain Games & Lego Challenge (FMCC / Julie Mihalcik)
- 4. Robotics (FMCC / Jeremy
- Spraggs) 5. Chemistry Workshop (FMCC / Laurie Lazinski)
- Pocket Astronómy (FMCC / Gilbert Ayuk)
- 7. Secret Lifé of Chickens (SUNY Cobleskill / Kim Tarvis)
- Hi Tech Nursing Care[´] (FMCC / Marcia Wojcik & Lynne Illsley)
- A Web of Communication— Computer Science (FMCC Michael Testa)

Fundraising for Tech Savvy

Liz Russo updated the donor solicitation brochure and letters which Linda Bumpus sent to businesses and individuals to ask for donations to cover the costs of the Tech Savvy Summit. Linda will also be applying for local grants. We have raised the registration fee from \$8 to \$10 this year, to help with the cost of light breakfast and lunch, but still need to cover the costs of lab materials for workshops, build-

ing use, and registration packets.

If anyone has suggestions for contributors, or would like to contribute, please contact Linda or send a check made payable to AAUW - Tech Savvy Girls.

Stewart's Foundation Donates \$1000

We are pleased to announce that Stewart's Foundation has as in previous years sent our branch a check for \$1000 to help cover expenses for the Tech Savvy Summit for Girls. We are off to a good start and hope the donations continue.

Volunteers Welcomed

Anyone interested in working on the Tech Savvy Summit committee should contact Linda Bumpus, Liz Russo or Linda Hammond. We are still looking for a capnote speaker or final activity and a program for adults attending as chaperones. Ideas are welcome.

AAUW to Host Visiting Expert on Cyberbullying at Gloversville Middle School

On February 1st our AAUW Chapter will host a day long series of anti -bullying workshops at the Gloversville Middle School. AAUW is partnering with the district to bring in Ms. Ronna Glickman, an educator from Buffalo New York to present a series of programs, one to each grade level at the school, which will concentrate on anti-bullying techniques and internet safety. Bullying has long been present in schools although awareness of the harms that bullying may cause is fairly recent. Bullying is commonly defined as acts of aggression that are repeated over time and that involve a power imbalance between the perpetrator and his or her targets. More recently, a new mode of bullying has emerged, known as cyberbullying. Cyberbullying involves bullying through the use of electronic venues, such as instant messaging, email, chat rooms, websites, online games, social networking sites, and text messaging. Studies found that bullied children were more likely than nonbullied peers to develop stomach pain, sleep problems, headaches, tension, bedwetting, fatigue, and poor appetite after having been bullied. Children who are bullied are more likely than nonbullied peers to indicate that they want to avoid attending school. Ms. Glickman will spend the day helping students understand what cyberbullying is, what the signs are when cyberbullying is occurring, and how parents and schools can respond effectively to stop it.

These workshops build on the AAUW's long history of collaborations with local organizations to provide educational forums to meet the needs of the community.

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Flat Iron Building

Christmas time in New York City

Ella Ryder, Bonnie Van Wie, Jennifer Garren, and Jahnn Gibson





1 World Trade Center



Sax 5th Avenue: Holiday Window Our Holiday Shoppers





St Patrick's Rose Window

St Pat's Altar





St Pat's Creche (only part of it)



St Pat's Pipe Organ & Rose Window



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Our Trip to NYC

On Wednesday, December 9, Jen Garran, Ella Ryder, Bonnie Van Wie and Jahnn Gibson visited New York City through Wade Tours. None of us were conversant with the subway system, so we purchased tickets for a Hop-on-Hop -off tour bus. However, St. Patrick's Church and Rockefeller Center were only a short 9 block walk away, so we hoofed it up there. St. Pat's was beautifully decorated for Christmas, and Ella and myself walked around the entire church, including the tombs below. We were interested in a replication of the town of Bethlehem as it would have been at the time of Christ's birth, including, of course, the Holy Family. Oddly enough, at the back of this scene, 3 Italian ladies (one could tell by their Italian Flag colored dresses), were entering the

square from an alleyway. They were carrying something gold, and appeared to be going to a Festa. I remarked on this incongruity of modern times integrated into a scene from ancient times. A young woman standing nearby mentioned that indeed, this was a sort of 2 eras -in-one-time scene. Then she mentioned that, except for the Virgin Mary, women's spirituality in the Christian religion has been removed, in particular from the Protestant Religion, where Mary is merely a sidebar. I found this interesting. Rockefeller Center was busy, lots of folk skating. We enjoyed the window displays at Sak's and the fantastically decorated interior. Then we had a great lunch at Le Pain Quotidian, a Belgian/French Restaurant, where we ate at the

common table, and were soon joined by other diners. We next took advantage of the Hop-on bus, and sat up top in the breeze, which was a bit chilly. However, our tour guide was entertaining, friendly, and indicated all the points of interest. We arrived at the World Trade Center Memorial about dusk, where, as it began to get dark and the lights on the water walls in the foundation holes came on, it made for some interesting viewing. We met Bonnie's cousin, Maureen, who lives just a stone's throw from the WTC. She was kind enough to help us get a taxi back uptown, as we felt that the Hop-on might not get us back to our bus at Bryant Park on time. We did make it back, and can now look back on some good memories.

Jahnn Gibson

REGISTER NOW - AAUW NYS Convention

April 15-17, 2016 Holiday Inn Saratoga Springs, NY

Student Track—Saturday, April 16 10:30—5:30



2016 AAUW NEW YORK STATE CONVENTION

AAUW Women on the Move: Achieving Women's Economic Justice

January Meeting—Plant Base Meal & A Movie, Cowspiracy

Our January branch meeting focused on sustaining the global environment. On Monday, January II we held a dinner and movie night.

Thank you to Jahnn Gibson for organizing this meeting. And thank you to Jared Hammond for cooking our delicious vegan meal. We had a great assortment of plant based dishes along with samples of every day items that we can find in our local stores. Everyone received a set of recipes for this evening's menu.

Following our meal, we all watched the documentary movie *Cowspiracy: The Sus-tainability Secret*" by Kip Andersen and Keegan Kuhn.

Linda Hammond





Board Members:

Co-Presidents: Catherine Julius Sandra Maceyka Co-Vice Presidents— Membership: Vacant Treasurer: Ella Ryder Recording Secretary: Paula Lerner Newsletter Editor: Linda Hammond

Contact Info: Phone: 518-229-2058 E-mail: agjaauw@yahoo.com



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Amsterdam-Gloversville-Johnstown (NY) Branch

The American Association of University Women advances equity for women and girls through advocacy, education, philanthropy, and research.

AAUW will be a powerful advocate and visible leader in equity and education through research, philanthropy, and measurable change in critical areas impacting the lives of women and girls.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Calendar of Events

February 9	Executive/Planning Meeting Johnstown Public Library	May 5	Topic: Autism Details to be announced
	5:30 pm	May 7	Celebration!
February 21	Book Club Johnstown Public Library		Farewell to Downton Abbey
	I—3 pm	May 24	Tech Savvy Summit for Girls, FMCC
March 9	International Women's Day		
	Tentatively scheduled event	June 2-3	National Conference for
	Details to follow		College Women Student Leaders (NCCWSL),
April 15-17	AAUW-NYS Convention		Univ. of Maryland, College Park
	Holiday Inn, Saratoga Springs		
	· · · · · · · · · · · · · · · · · · ·	June 14	End of Year Recognition
			Meeting & Pot Luck Mayfield Yacht Club

Details to follow

Please use online registration

at http://aauw-nys.org

Thank you!

EOF Fundraiser

After March 10th add 15 late fee

AAUW-NYS 2016 CONVENTION REGISTRATION FORM

APRIL 15TH 16TH 17TH 2016, Holiday Inn, Saratoga Springs, NY

Mail to : AAUW-NYS Convention Registration, Betty Preble, 6935 East Quaker, Orchard Park, NY 14127 Phone: 716-662-0608 Email: <u>betty.preble@gmail.com</u>

Please Print:			
NamePr	Preferred First Name		
Last First			
Address/City/State/Zip			
Phone () Email			
Branch	District		
Position 2015-2016 Po	osition 2016-2017		
□First time attending an AAUW-NYS Convention Credentials Category: <u>Please check one on</u> □ Branch Delegate (<i>check with your branch preside</i> □ Branch Alternate (<i>check with your branch preside</i> □ Non Voting Branch Member	<mark>lly</mark> ent)	Mail to: AAUW Convention Registration, Betty Preble 6935 East Quaker, Orchard Park, NY 14127 Phone: 716-662-0608	
Non-Voting Branch Member NYS Board of Directors Member		Email: betty.preble@gmail.com	
 NYS District Coordinator, Nominating Team, Public or Convention Arrangements Team AAUW-NYS Past President Individual Member (National Member; not a brocention of the second second	anch member) ive		
Convention 2016 Registration Fee: <u>Please</u> □ Online registration/full convention (FriSun.)	<u>check all that appl</u> \$ <u>45</u>	۲	
By Mail/full convention (FriSun.)	\$ <u>50</u>	Register Early	
Companion registration	\$ <u>20</u>	For drawing:	
Friday registration	\$ <u>17</u>		
Saturday registration	\$ <u>34</u>	<u>A Spa Treatment</u>	
Sunday registration	\$17		

<u> Only Check if you are available on Friday from 1pm to 3pm –</u>

□ Saratoga Tour, April 15th 1pm to 3pm: Theme – "Health, History, Horses" (Free!)

\$20

\$<u>15</u>

Day Attendee (no hotel; attend all events that day; includes meals and workshops/programs) (also requires separate conference registration)

🗆 Friday	<u>\$35</u>
🗆 Saturday	\$105
🗆 Sunday	\$70
Drop-in (No Food) Keynote or workshop	\$25
(Note: Convention Registration Fee not reg	uired for Drop-in)

Hotel Registration (registering for the hotel/meal package including room, meals and workshops/programs) (also requires separate conference registration)

□ Single (2 nights)	\$453
Double (2 nights)	\$296
Roommate:	
Single (1 night)	\$227
Friday (inc. Fri. dinner; Sat. breakfast/lunch) or	
Saturday (inc. Sat. lunch/dinner; Sun. Brkfst.)	
Double (1 night)	<u>\$148</u>
Friday (inc. Fri. dinner; Sat. breakfast/lunch) or	
Saturday (inc. Sat. lunch/dinner; Sun. Brkfst.)	
Roommate:	
Early Arrival Thursday night (no food)	\$139
Late Departure Sunday night (no food)	\$139

Meal-Only Registration (registering only for meals; no workshops/programs) (also requires separate conference registration)

Total France	
Sunday Lunch	<u>\$18</u>
Sunday Breakfast	<u>\$15</u>
Saturday Dinner	\$ 35
Saturday Lunch	<u>\$ 21</u>
Saturday Breakfast	\$ 15
Friday Dinner	\$ 35

Total Fees	AAUW-NYS 2016 Refund Policy:	
Convention Registration (incl EOF &/or late fee)	\$ \$ \$	Before March 11, 2016 – 50% Refund March 12 th -25 th 2016 – 25% Refund No refund after March 25 th 2016
Hotel		
Meals		
Total	\$	

Make Checks payable to AAUW-NYS, Inc. Convention

Complete next page for workshop and meal selection

WORKSHOP AND MEAL SELECTION

Workshops
Select One
□ Achieving Paid Sick Leave in NYS: Why Its Necessary and Strategies to Make it Happen?
Race to Suffrage: Preparing for the NYS 2017 Centennial and Looking Forward to 2020
Continuing Legal Education: Know Your Rights: Part I – An Update on the Status of Legislation
Impacting Woman and Families in NY; Part 2 – Navigating Medicaid's Long-Term Care System
Check Here If You Wish to Receive CLE Credit:
How to get Women in STEM Careers: An Interactive Discussion
Strategies for Lifting Woman Out of Poverty

Friday Night Menu

Select One Main Course

6oz Baked Salmon Filet Beurre Blanc

© 6oz Sliced London Broil with Roasted Shallot with Au Jus sauce (GF)

Tomato Basil Penne w/ Seasonal Vegetables and Feta Cheese (V)

Saturday Afternoon Menu

Select One Main Course

Shrimp Scampi w/Broccoli Florets over Steamed Rice (GF)

Caesar Salad with Chicken

Caesar Salad without Chicken (V)

Saturday Night Menu

Select One Main Course

- Mushroom Ravioli in Pesto Cream Sause (V)
- Chicken Marsala (GF)
- Sliced Roast Top Sirloin of Beef with Mushroom Sauce

Please list any dietary restrictions



SAVE THE DATE:

STUDENT TRACK ANNOUNCEMENT

THE AMERICAN ASSOCIATION OF UNIVERSITY WOMEN NEW YORK STATE CONVENTION HOLIDAY INN, SARATOGA SPRINGS, NY

APRIL 16, 2016 10:30 AM - 5:30 PM

The American Association of University Women New York State Board is pleased to announce and welcomes ALL College and University students to join us for a day of learning and inspiration!

Come and hear great speakers including our keynote speaker, Dean Nada Marie Anid, Professor and Dean of the School of Engineering and Computing Sciences. Her expertise includes Industry-academic partnerships; Entrepreneurship and Innovation; Emerging Technologies; Sustainability; Global Engineering Education and STEM K-12 Outreach.

Dean Nada Marie Anid, Ph.D., is the first female dean of NYIT's School of Engineering and Computing Sciences (SoECS). In this role, she oversees 77 engineering and computing sciences faculty members and approximately 1,700 graduate and undergraduate students at campuses located in Manhattan and Old Westbury, N.Y., the Middle East, and China.

To pre-register for this educational and fun event, email Maria Ellis, AAUW NYS College & University Director at <u>mellis@fsacap.com</u> or for more information call 973-216-4181.



Do you have concerns about handling your finances and college loans after college?

This student conference includes a workshop with financial counselors.